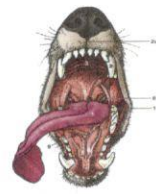


Ten Tips for Keeping Your Senior Dog Healthy



Find a great **VETERINARIAN** -- one who is caring, competent, compassionate and willing to fully address your questions and concerns. Book a wellness check **twice a year**.



Attend to **DENTAL HEALTH**. Brush teeth daily. Have them **cleaned by a veterinarian under anesthesia** whenever recommended. **NB:** Cleaning without anesthesia is **NOT** effective.



Feed **THE BEST FOOD** you can afford. Cheap foods have poor quality protein sources and questionable fillers. Ask your veterinarian and do other research. Consider freeze-dried or get recipes for home-prepared food.

Too thin



Ideal



Overweight



Maintain your dog at a **HEALTHY WEIGHT**. Compare your dog's profile to the illustration above. Take measures to achieve ideal weight.



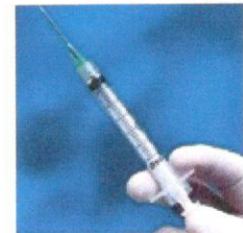
DIETARY SUPPLEMENTS and **ALTERNATIVE THERAPIES** may help your dog. Glucosamine chondroitin can work for arthritis. Acupuncture can be effective, too. Ask your veterinarian.



Become familiar with **SIGNS AND SYMPTOMS** of possible health problems and bring them to your veterinarian's attention promptly.



Regularly provide opportunities for **PHYSICAL AND MENTAL EXERCISE** adjusted for age and environmental conditions.



Learn about the **VACCINATIONS AND MEDICATIONS** recommended for your dog. Read labels, follow instructions, and request info on negative side effects. If any occur, report to your veterinarian promptly.



DAILY GROOMING is really good for older dogs....to maintain bonding and to notice fleas, ticks, and new lumps, bumps, or swellings. Dog beds, etc., need extra cleaning, too, to control for parasites and bacteria..



ENGAGE your dog daily in enjoyable activities -- walks, games, car rides, expeditions, etc.

For more details, visit **The Senior Dogs Project**

<https://srdogs.com/health>

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